

Important instructions for the applicant regarding the administration of the polygraph examination.

It is important to attempt to get a full night of sleep the evening before the exam. If you are on a graveyard shift, we can try to accommodate your work hours. Have regular meals the date of the exam and/or food or snacks with you. You should be prepared to be at your polygraph appointment for up to 3 hours.

Be free of illness. If you have a cold, allergies or any ailment that might cause you to continually cough, sneeze, sniffle or clear your throat, you may need to postpone your appointment until a time when you are feeling better. You will need to notify your agency and the polygraph examiner if you feel you cannot meet these standards.

It is best if you do not bring anyone with you to the exam. If you decide to have someone with you, it will be in your best interest to inform them how long the appointment will be and have them go elsewhere. This test has the tendency to make applicants nervous. Having to worry about a companion who may be waiting will only intensify your anxiety.

If you are unable to make your appointment, please call (916) 724-2615 office or (916)770-5025 cell.

Directions to CNB Polygraph Services are provided below or you can print out a map using Mapquest on the internet.

Directions: From Reno-Take Highway 80 west or from Sacramento take Highway 80 east. Take the Eureka Road Exit (exit 105A) continue right onto Eureka Road. Turn left onto Rocky Ridge Drive. Make a left onto Stone Point Drive. You will see the single story professional office building with 1474 on the exterior. Please check in with the receptionist.

**CNB Polygraph Services
1474 Stone Point Drive, Suite 25
Roseville, Ca 95661**

**(916) 724-2615 office
(916) 770-5025 cell
(916) 783-1364 fax**

Cathleen A. Boettger
Forensic Polygraph Examiner